

Saint Helena, Ascension and Tristan da Cunha, 2025

Overseas Territory of Great Britain



Quickworld Factoid

Official Name : Saint Helena, Ascension and Tristan da Cunha
Status : Overseas Territory of Great Britain
Active : 1 Jan. 1983 - Present
Capital : Jamestown
Official Language : English
Population : 4,000 - Permanent Population (UN UN Official Estimate - 2012)
Land Area : 404.2 sq km - 156.1 sq mi
Density : 9.9/sq km - 25.6/sq mi
World Region : South Atlantic Ocean
Coordinates : 15°57'S 5°42'W

Administrative Subdivisions

Island Territories (3)

Ascension Island	Saint Helena	Tristan da Cunha
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Names

Official Name : Saint Helena, Ascension and Tristan da Cunha
Short Form : Saint Helena
Demonym : Saint Helenian
ISO 3166-1 alpha-2 : SH
ISO 3166-1 alpha-3 : SHN
ISO 3166-1 numerical : 654

Physical Geography

World Region : South Atlantic Ocean

Area

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Total Land : 404.2 sq km - 156.1 sq mi