

Metro Manila, 2025

Region of Luzon



Quickworld Factoid

Official Name : National Capital Region

Status : Region of Luzon

Country : Philippines

Active : 7 Nov. 1975 - Present

Capital : Manila

Population : 11,855,975 - Permanent Population (Philippines Official Census - 2010)

Land Area : 585.6 sq km - 226.2 sq mi

Density : 20,200/sq km - 52,500/sq mi

World Region : Malay Archipelago

Coordinates : 14°33'N 121°2'E

Administrative Subdivisions

Independent Cities (16)

Caloocan	Las Piñas	Makati
Malabon	Mandaluyong	Manila
Marikina	Muntinlupa	Navotas
Parañaque	Pasay City	Pasig
Quezon City	San Juan	Taguig
Valenzuela		

Municipalities (1)

Pateros

Names

Common Name :

Metro Manila

Kalakhang Maynila (*Filipino*)

Official Name :

National Capital Region

Pambansang Punong Rehiyon (*Filipino*)

ISO 3166-2 : PH-00

PSGC : 130000000

Physical Geography

World Region : Malay Archipelago

Area

Land : 585.6 sq km - 226.2 sq mi

Freshwater : 124.1 sq km - 47.9 sq mi

Maritime Inland Waters : 271.6 sq km - 104.9 sq mi

Total Land : 585.6 sq km - 226.2 sq mi

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Total Inland Waters : 395.7 sq km - 152.8 sq mi